

## COLUMN

# Middleton Curling Club slowly coming to life as new season nears

In October, Middleton Curling Club slowly comes back to life after a summer lying dormant. Members of the board have been busy in ones and twos during the off-season doing maintenance projects; the Fete Committee started to meet at the beginning of the month to prepare for the annual Christmas Fete; and larger projects like new flooring were completed.

But the season's first Big Breakfast, on Oct. 26 is when most members will come to the club for the first time this curling season.

In addition to the new flooring, there are other changes that everyone will notice. Youth coordinator Dawn Spidle organized the painting of the "house" circles on the ice, in colours that will respond to black light and allow for Glow Curling. The new look will surprise long-time members (the circles are a more muted blue and red) but the younger curlers have seen this in other clubs and Spidle is proud to offer this to Middleton curlers

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Throwing Rocks



as another feature for social and youth curling.

She is also offering her "Learn to Curl" classes on Sunday nights, with the one-hour sessions beginning at 5 p.m.

The community is invited to the Big Breakfast as always, and on the same day, Oct. 26, registrations will take place for all leagues plus new members and new curlers; club members will be on hand to answer questions for those interested in seeing if curling might work for them. Curling is a great social sport and can be started with no cost for equipment – all that is needed is some warm clothes and clean sneakers. The club can supply the rest for beginning curlers. Exercise can be difficult in the winter but curling offers the feeling of outdoors with

none of the disadvantages of inclement weather.

MCC has evening curling for all levels: Monday night Open League is for teams of any composition, and Thursday night Mixed League features teams of two men and two women. Anyone interested in these eight-end leagues can register and the coordinator will place you with a team as available. Sunday and Tuesday nights are the popular six-end Western Draw – a little more informal in that teams are reassigned every six weeks so that curlers get to know others and can play in different positions as they progress. The Western Draw is great for entry-level curlers or those coming back to the game after years away.

Just remember, the Big Breakfast on Oct. 26 is open to all, whether you curl or not. More information on club events and registration at [www.middleton-curlingclub.com](http://www.middleton-curlingclub.com)

Karen Sotvedt is a member of the Middleton Curling Club.



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